

EUGLOH Summer School
**Nutrition and Food Sciences - The role of the academy to
promote health**
29th June – 2nd July 2021 (online)

Led by the University of Porto (Portugal), with the participation of University of Paris-Saclay (France), Lund University (Sweden), University of Szeged (Hungary) and Ludwig-Maximilians-Universität München (Germany)

WHY NUTRITION AND FOOD?

Inadequate food habits is one of the main determinants of the years of life lost by Europeans. Additionally, food production and consumption are the main human determinants of greenhouse gas emissions. These are some of the reasons for the academy to observe these phenomena and above all to try to modify their impacts on society. How can the academy contribute? What kind of research and social intervention can we promote?

WHAT CAN YOU LEARN?

Participants will be able to advance their knowledge and understanding of Nutrition and Food (N&F) through a scientific approach, comprehend and integrate different scientific disciplines relevant to the health of populations (from production to consumption), and the needs of society, consumers and industry towards healthy environments.

TOPICS

This Summer School (SS) has a highly multidisciplinary character. The main question to be addressed is how the academy can contribute to: produce healthy food in a sustainable way (social, cultural and environmental); observe and monitor the relations between food consumption and health; promote and be involved in food and nutrition strategies and policies that can influence our communities towards healthy eating and sustainable food environments, namely in our university campus. Attention will also be paid to the implications of the developments in the N&F fields in a broad sense, including economic, social, industrial, regulatory perspectives.

PARTICIPANTS

The Summer School is opened to the participation of EUGLOH Alliance members (i.e. UPORTO, UPSaclay, LU, LMU and USZ), mainly bachelor, master and PhD students, but also academics and junior and senior scientists. No specific background knowledge required. Although of larger interest to students in nutrition and food sciences, the Summer School is open to participants from all scientific backgrounds.

NUMBER OF PARTICIPANTS

The school will be fully virtual (Zoom) and limited to 110 participants (22 from each EUGLOH Universities).

PARTICIPATION AWARDS

EUGLOH Certificate and up to 4 ECTS will be provided to the participants attending the school.

APPLICATION

Application deadline: 18th of June

Application form:

<https://inqueritos.up.pt/index.php?r=survey/index&sid=651874&lang=en>